

Treatments & prices

BEAUTY • SLIMMING • WELL-BEING • PÉZENAS

Prices as of 8 October 2026

Body composition assessment

20 min • €40

Refunded with any course over €500.

Body contouring

Cryolipolysis	60 min	€180
Cryolipolysis • course of 4 sessions		€670
Cavitation (ultrasound)	20 min	€60
Cavitation • course of 10 sessions		€550
High/low frequency ultrasound pads	30 min	€60
Body radiofrequency	20–30 min	€60
Body radiofrequency • course of 10 sessions		€550
Mechanical massage (palper-rouler)	30 min	€85
Mechanical massage • course of 10 sessions		€800
Electrostimulation • 1 area	30 min	€60
Electrostimulation • 2 areas	30 min	€100
Electrostimulation • course of 10 sessions		€550
Pressotherapy	30 min	€60
Pressotherapy • course of 10 sessions		€550
Pressotherapy added to another treatment	10 min	€40

Well-being

Japanese sauna	45 min	€60
Japanese sauna • 10 sessions		€550

Abonnement 24 membership

€96 / month

2 treatments a month for 12 months:
Japanese sauna, electrostimulation (1 area),
pressotherapy, body radiofrequency. All €96
/ month treatments can be mixed.

Mechanical massage: + €53 in the chosen month,
or €149 / month.

Stay & Treatments

from €340 to €750

One or two nights in our Mes à Moi
apartments, with Japanese sauna and a
facial.

mesamoi.fr

Pay in 3 or 4 instalments with our partner Cofidis. Before every treatment: a short health check and a signed consent form.

Centre Mes à Moi

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Face

HydroDiamond • complete facial	60 min	€130
Magic Lift • complete anti-ageing facial (Duolift)	60 min	€110
Magic Lift • course of 10 sessions		€980
Firming • mature skin	60 min	€110
Ultra Lift • facial contour	45 min	€90
Cleavage Firm • neckline	40 min	€80
Smoker's detox	30 min	€60
Eye contour	15 min	€30
LED light therapy	45 min	€65
Facial mechanical massage	30 min	€85
NHFT-10 lips by Monika Heiligmann • Haute Couture Lip Ritual	20 min	€90
NHFT-10 lips • course of 4 treatments		€320
Cure Jouvence • 5 facials		€549

Dermalogica facials

Pro Skin 60 • complete facial	60 min	€90
Plump Peel • plumping peel	60 min	€110
Pro Power Peel 30	40 min	€90
Pro Power Peel 60	60 min	€130
Pro Power Peel 60 • 3 / 6 sessions		€360 / €700
Pro Nanoneedling and/or LuminFusion	60 min	€160
Pro Nanoneedling Retinol	75 min	€160

[Learn more about each treatment and book →](#)

Permanent hair removal

Electrolysis • assessment and first trial	15 min	€35
Electrolysis	15 min	€45
Electrolysis	30 min	€70

Gift boxes

Sauna & facial	60 min	€95
Relax & detox	105 min	€105
Well-being & beauty	90 min	€135
Relaxing stay & treatments	160 min	€340

Cure Jouvence: worth €600, with €40 of Dermallogica products included.

All treatments can be booked online on Kalendes or by phone.

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Monday to Friday 9am – 12pm / 2pm – 7pm • Closed Saturday • By appointment only

Prices include VAT and may change. The latest version is on centremesamoi.fr

Book online
kalendes.com/site/centremesamoi